

## Journey with us and discover the experience of "thick time."

This 8-day, 7-night adventure will take you from the Camino Institute's amazing campus in the central mountains of the Dominican Republic to the palm-lined beaches of its north coast. It's nothing less than a pilgrimage of the mind, body, and spirit undertaken in the company of other guys navigating the joys and challenges of young adulthood—and guided by knowledgable, experienced mentors. The Camino Institute offers you a way to serve communities in need while achieving new levels of clarity about your own direction, priorities, and genuine desires.

Each day is built for balance and growth. We have quiet mornings for meditation and prayer, days of tough work on meaningful service projects, and adventures ranging from waterfall hikes to tropical beaches. Our evenings invite you honest, deep conversation under the stars about what matters most—we talk about navigating our personal, professional, relational, and spiritual journeys as men. Healthy meals, purpose-filled days, and genuine human connection help each guy break free from the technology, patterns, and distractions of day-to-day life back home. That sets the stage for a true journey of personal growth. Men emerge from these experiences with deeper self-knowledge, stronger faith, and greater confidence coupled with humility.

## Invest in yourself while serving others.

The Camino experience is an investment in your own personal growth, as well as in service to others. The all-inclusive program fee includes everything except airfare: accommodations both in the mountains and on the coast, all meals (including limited drinks), ground transportation, our top-notch curriculum developed and delivered by veteran teachers and mentors, and a contribution to the sponsored service projects.

The 2026 regular program fee is \$2699, which includes a nonrefundable deposit of \$600 due at the time of registration. Early bird fee is \$2599 if you register by October 1st, 2025. Camino is a great experience to do with a friend, cousin, or brother—so bring a buddy onboard! If you both register and submit your deposits together before the early bird deadline, you'll each receive an additional \$100 discount.

Visit <u>www.caminoinstitute.com</u> or email <u>paul@caminoinstitute.com</u> to request more information and a registration form. This experience will be capped at twelve participants. We have limited sponsorship funding available. Payments can be made via cash, check, Venmo, Visa, or Mastercard. We are happy to set up a payment plan that works for you.

Travel with purpose.

Disconnect to reconnect.

Focus on what matters.

Be of service.

"This trip teaches you about humility, gratitude, respect, vulnerability, kinship, hospitality, humanity, and so much more. Whatever you decide to search for here, I'm confident you can find it." - Alec A.

"This experience is an incredible opportunity to gain a deeper understanding of what it means to be human." - Ben L.

"The Camino Institute allows you to drop your guard and feel all of your senses and emotions."
- Anthony M.

"Camino's leaders clearly know what they're doing and have developed the Seminar into a powerful, challenging, and transformative experience. I'm thankful for the hard work and even harder conversations!" - Frano R.

