

Camino
Institute



Travel with purpose.
Disconnect to reconnect.
Focus on what matters.
Be of service.

An eight-day, seven-night journey of service, reflection, and personal growth designed for young men from college-age through their thirties.

third annual
YOUNG MEN'S INTERNATIONAL SEMINAR
JULY 13 - 20, 2024 - DOMINICAN REPUBLIC

Led by Camino co-founders Paul Cumbo and Adam Baber, veteran educators and experienced mentors, the experience invites participants to travel with purpose, disconnect to reconnect, focus on what matters, and be of service. With five days at the Camino Institute's amazing mountain campus and three at a beachfront lodge on the north coast, the Seminar offers an unparalleled adventure of the mind, body, and spirit. It's a remarkable opportunity to serve families and communities in need while achieving a new level of clarity about one's own direction, priorities, and genuine desires.

Each day is built for balance and growth. We have quiet mornings for meditation, challenging but rewarding hours invested in meaningful service projects, and adventures ranging from waterfall hikes to beautiful tropical beaches. Our evenings are dedicated to honest, deep conversation about what matters most – navigating our personal, professional, relational, and spiritual journeys as men. Healthy meals, balanced days, and genuine human connection help everyone break free from the technology and distractions of day-to-day life back home. That sets the stage for a true journey of personal growth.

The all-inclusive program fee of \$2,600 includes everything except airfare: accommodations both in the mountains and on the coast, all meals, ground transportation, curricular materials, and the service project. If you're interested, reach out to us at www.caminoinstitute.com to request more information and a registration form. Cohorts are limited to twelve to ensure personal attention and the opportunity to bond closely with other participants, so contact us today to ensure you have a space for this remarkable travel experience.



"The Camino Institute is truly something special. As soon as you arrive, it is easy to 'disconnect to reconnect.' The environment, schedule, and activities are all thought out and help contribute to a positive and formative experience." - Matt, 2023

"It's the type of thing I have been craving but didn't realize I needed until I participated." - Max, 2022

"My experience in the Dominican Republic was nothing short of profound. I was encouraged to reflect upon, and try to better understand both myself and the world around me. I feel like doing so certainly allowed me to come out of this experience a better man than I was before." - Noah, 2022

